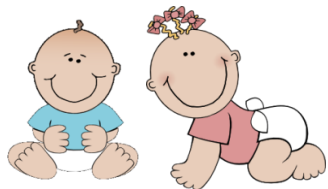


July 2024 Bumble Bee, Sprouts, Superstar and Lil Garteners Breakfast & Snack Menu



Monday		Tuesday		Wednesday		Thursday	Friday
7/1	7/29	7/2	7/30	7/3	7/31	7/4	7/5
(B) Corn Flake, W/milk * Fresh Fruit	(B) 1 Pancakes, milk, pineapple, milk	(B) Oatmeal, Raisins, milk					
(S) Veggie Sticks, Juice or Milk	(S) Animal Crackers, milk	(S) Graham crackers, Milk					
7/8	7/9	7/10	7/11	7/12			
(B) Oat cereal W/milk, peaches	(B) 1 Waffles, milk, Applesauce	(B) 1/2 English Muffins w/ jelly, milk pineapple	(B) Corn Chex cereal, milk, *Fresh Fruit	(B) Nutri-grain Bar , pears, milk			
(S) Goldfish crackers, Juice or milk	(S) Saltines w/American cheese, milk	(S) Vanilla wafers, milk	(S) Pretzels, Juice or milk	(S) Sun chips, milk			
7/15	7/16	7/17	7/18	7/19			
(B) Corn Flake, W/milk * Fresh Fruit Ice Cream and Milkshake Day	(B) 1 Pancakes, pineapple, milk	(B) Oatmeal, Raisins, milk	(B) Raisin Bran Cereal, W/milk, *Fresh Fruit	(B) French toast stick peaches, milk			
	(S) Animal Crackers, milk	(S) Graham crackers, Milk	(S) Nacho chips, Juice or Milk	(S) Ritz cracker & String cheese, Milk			
7/22	7/23	7/24	7/25	7/26			
(B) Oat cereal W/milk, peaches	(B) 1 Waffles, milk, Applesauce	(B) 1/2 English Muffins w/ jelly, milk pineapple	(B) Corn Chex cereal, milk, *Fresh Fruit	(B) Nutri-grain Bar , pears, milk			
(S) Goldfish crackers, Juice or milk	(S) Saltines w/American cheese, milk	(S) Vanilla wafers, milk	(S) Pretzels, Juice or milk	(S) Sun chips, milk			

* Fresh Fruit will vary between apples, oranges, pears, plums, watermelon and bananas



July 2024

Breakfast and Snack Menu for The Snuggle Bugs

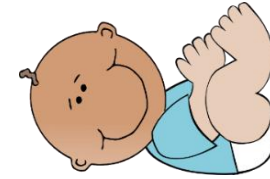


Monday	Tuesday	Wednesday	Thursday	Friday
7/1 7/29	7/2 7/30	7/3 7/31	7/4	7/5
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 Graham cracker , whole milk	(B) 1 Pancakes, whole milk, pineapple, whole milk (S) Animal Crackers, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk (S) 1/2 c. goldfish , whole milk		
7/8	7/9	7/10	7/11	7/12
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 c. goldfish , whole milk	(B) 1 Waffles, whole milk, 1/4 c Applesauce (S) Saltines w/American cheese, whole milk	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit (S) 3 vanilla wafers, whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Pretzel chip, whole milk	(B) Nutri-grain Bar , pears, Whole Milk (S) 1/2 Graham cracker , whole milk
7/15	7/16	7/17	7/18	7/19
(B) 1/2 c. Oat cereal W/whole milk, applesauce  Ice Cream and Milkshake Day	(B) 1 Pancakes, whole milk, pineapple, whole milk (S) Animal Crackers, whole milk	(B) 1 Graham crackers, fresh fruit, whole milk (S) 1/2 c. goldfish , whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Oyster cracker whole milk	(B) 1 French toast stick peaches, whole milk (S) S Ritz crackers, whole milk
7/22	7/23	7/24	7/25	7/26
(B) 1/2 c. Oat cereal W/whole milk, applesauce (S) 1/2 c. goldfish , whole milk	(B) 1 Waffles, whole milk, 1/4 c Applesauce (S) Saltines w/American cheese, whole milk	(B) 1/2 English Muffin , whole milk 1/4 c. tropical fruit (S) 3 vanilla wafers, whole milk	(B) 1/2 c. Corn Puff Cereal whole milk, 1/4 c. peaches (S) Pretzel chip, whole milk	(B) Nutri-grain Bar , pears, Whole Milk (S) 1/2 Graham cracker , whole milk



July 2024

Breakfast and Snack Menu for The Snuggle Bugs



Birth through 3 months

4 through 7 months

8 through 11 months

	Birth through 3 months	4 through 7 months	8 through 11 months
Breakfast	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk and 2-4 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal and 1-4 T Gerber peaches, pears, bananas or applesauce
Lunch	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-3 T Iron fortified Gerber Oatmeal, Rice or Mixed Cereal	1-4 T Gerber peaches, pears, bananas, applesauce green beans, carrots, squash, peas or sweet potatoes 1-4 T Gerber peaches, pears, bananas or applesauce an/or Gerber chicken, ham or veal
Snack	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	4- 6 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk	6-8 fl. oz. Enfamil Premium Iron-fortified infant formula or breast milk. If Desired 1-2 graham cracker squares, saltines, cheerios or 1/4 cup goldfish crackers

Children may start on different jar food due to parent or physician's request