

July 2024 Lunch Menu: Sprouts, Superstars & Lil Garteners



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mini Chicken Corn Dogs Ketchup Steamed Rice Carrot Mash Apple 1% Milk	2 Macaroni & Cheese Green Peas Banana WG Wheat Bread* 1% Milk	3 Chicken with Marinara Sauce Rotini Pasta Green Beans Orange WG Wheat Bread* 1% Milk	4  CENTER CLOSE FOR INDEPENDANCE DAY	5
8	9	10	11	12
Potato & Turkey Ham Casserole Green Beans Apple WG Dinner Roll* 1% Milk	Baked Beef Mostaccioli Corn Banana WG Wheat Bread* 1% Milk	Potato Chicken Taco Shredded Cheddar Cheese Shredded Lettuce Fresh Cucumber Slices Ranch Dressing Orange WG Soft Flour Tortilla* 1% Milk	Beef Fajita Skillet Shredded Lettuce Steamed Rice Sautéed Cabbage Pear WG Soft Flour Tortilla* 1% Milk	Pesto Pasta w/ Diced Chicken Fresh Tossed Salad Italian Dressing Melon Mix WG Wheat Bread* 1% Milk
15	16	17	18	19
Chicken Noodle Casserole Green Beans Apple WG Dinner Roll* 1% Milk	Macaroni & Cheese Green Peas Banana WG Wheat Bread 1% Milk	Sliced Chicken Breast & White American Cheese WG Sub Bread Fresh Carrot Coins Fresh Orange Individual Animal Crackers Mayo 	Turkey Ala King Baked Sliced Potatoes Broccoli Pear WG Wheat Bread* 1% Milk	Chicken and Rice Bake Fresh Cucumber Slices Italian Dressing Melon Mix WG Wheat Bread* 1% Milk
22	23	24	25	26
Three Cheese Pasta Bake Brussel Sprouts Apple WG Dinner Roll 1% Milk	Chicken Tacos Shredded Cheddar Cheese Shredded Lettuce Diced Carrots Banana WG Soft Flour Tortilla* 1% Milk	Beef Meatballs w/Gravy Mashed Potatoes Fresh Cucumber Slices Italian Dressing Orange WG Wheat Bread* 1% Milk	Baked Ziti Pasta with Chicken in a Creamy Red Sauce Corn Pear WG Wheat Bread* 1% Milk	Beef Sloppy Joe Baked Sweet Potato Fries Green Beans Melon Mix WG Bun* 1% Milk
29	30	31	August 1 st	August 2 nd
Italian Chicken Steamed Rice Carrot Mash Apple WG Dinner Roll* 1% Milk	Macaroni & Cheese Green Peas Banana WG Wheat Bread* 1% Milk	Chicken with Marinara Sauce Rotini Pasta Green Beans Orange WG Wheat Bread* 1% Milk	Beef Taco Shredded Cheddar Cheese Shredded Lettuce Cilantro Cauliflower Rice Pear WG Soft Flour Tortilla* 1% Milk	WG Cheese Ravioli* in Marinara Sauce Fresh Cucumber Slices Ranch Dressing Melon Mix WG Wheat Bread* 1% Milk